

Nathan Perrizo, DO

(Co-Owner)

Education & Training:

- Undergraduate: University of California, Davis
B.S., Neurobiology, Physiology and Behavior
- Medical School: Western University of Health Science, California
D.O., Doctor of Osteopathic Medicine
- Postgraduate Training: Naval Medical Center, San Diego (Internal Medicine)
VA Greater Los Angeles / UCLA (Physical Medicine & Rehabilitation –
Chief Resident)
UCLA / VA Greater Los Angeles Fellowship (Interventional Pain Management)
- Specialized Training: MILD (Minimally Invasive Spinal Decompression)
<http://www.mildprocedure.com/>
Fellowship Course Spinal Cord Stimulation Training
St. Jude
Medtronic
Boston Scientific
Ultrasound Guidance for Musculoskeletal Procedures
Fluoroscopy Certification by California Department of Public Health
Botox Therapies for Migraines and Spasticity
Prolotherapy
Radiofrequency Lesioning
Advanced/Basic Cardiac Life Support Certified
- Board Certifications: American Board of Physical Medicine and Rehabilitation
Subspecialty in Pain Medicine

Healthcare Leadership:

- Former United States Medical Officer:
Senior Medical Officer/Medical Department Head – USS Carter Hall (LSD 50)
General Medical Officer – USS Nassau (LHA 4)
Substance Abuse Rehabilitation Program Officer
Independent Duty Corpsman Physician Supervisor
Health Promotions Program Manager
Tobacco Cessation Program Manager
Suicide Prevention Coordinator
- Former Chief Resident – Physical Medicine and Rehabilitation (UCLA/VA)
Former Chairman - VA Inter-residency Forum

Additional Qualifications:

- TIRF (Transmucosal Immediate Release Fentanyl) Certified
Supervisor Fluoroscopy Certification, State of California

Research Publications:

**Pulsed radiofrequency ablation of the Axillary and Suprascapular nerves for non-surgical chronic shoulder pain:
A case report**

Nathan Perrizo, DO, Sanjog Pangarkar, MD, Radhika Sood, B

PM&R, Volume 4, Issue 10, Supplement , Pages S326-S327, October 2012

Article Link: <http://download.journals.elsevierhealth.com/pdfs/journals/1934-1482/PIIS193414821201475X.pdf>

Comparison of Treadmill and Calf Exercise Training in Peripheral Arterial Disease

Kaly Kao, Sung Choi, MD, Grant Etnyre, MD, Stephen F. Figoni, PhD, Charles F. Kunkel, MD, Christopher C. Ornelas, Doctor of Medicine, A.M. Erika Scremin, MD

Nathan Perrizo, DO (Presented Poster at AAPM&R National Conference 2010)

PM&R, Volume 4, Issue 10, Supplement , Page S346, October 2012

Article Link: <http://download.journals.elsevierhealth.com/pdfs/journals/1934-1482/PIIS1934148212015298.pdf>

Publications:

Understanding Pain: What You Need to Know to Take Control (The Praeger Series on Contemporary Health and Living)

Editors: Alan D Kaye M.D., Richard D. Urman M.D.

Publication Date: October 10, 2011 | ISBN-10: 0313396035

Chapter 19: Fibromyalgia, Arthritis and Joint Pain

Nathan Perrizo, DO and David E. Fish, MD, MPH

Link:

http://books.google.com/books?id=bAha4v18oTMC&pg=PA164&lpq=PA164&dq=UNDERSTANDING+PAIN:+WHAT+YOU+NEED+TO+KNOW+TO+TAKE+CONTROL+perrizo&source=bl&ots=1ze0_GYFpL&sig=Vw8dX3k0LXyMdbymHZZE1gB4E-I&hl=en&sa=X&ei=DSvQUvTIEYXcoAT6mIDgCw&ved=0CFUQ6AEwAw#v=onepage&q=UNDERSTANDING%20PAIN%3A%20WHAT%20YOU%20NEED%20TO%20KNOW%20TO%20TAKE%20CONTROL%20perrizo&f=false

Research Studies:

- SENSE™ (Subcutaneous and Epidural Neuromodulation System Evaluation) Study (St. Jude)
The SENSE™ study is a prospective, multi-center, parallel design randomized, double-blinded study to demonstrate safety and efficacy of Peripheral Nerve field Stimulation (PNFS) and Spinal Cord Stimulation in combination with Peripheral Nerve field Stimulation (SCS-PNFS) using a St. Jude Medical Neuromodulation System.
(<http://clinicaltrials.gov/ct2/show/NCT01990287?term=sense&rank=1>)

Professional Society Memberships:

American Academy of Physical Medicine & Rehabilitation

North American Neuromodulation Society

American Medical Association

American Osteopathic Association

American Academy of Pain Medicine

Awards:

RESIDENCY

Chief Resident, VA GLAHS/UCLA PM&R Residency 2010-2011

Team Player Award 2011

Academic Achievement Award for top performance on SAE 2009-2010

Statistics Achievement Award 2009

MILITARY

"Green H" award recipient for excellence in Health Promotions 2008

Navy and Marine Corps Commendations medal 2007

Surface Warfare Medical Department Officer Designation 2006

MEDICAL SCHOOL

Sigma Phi National Osteopathic Honor Society 2001-2004

President's Award 2004
UNDERGRADUATE
Phi Sigma National Honor Society, Gamma Delta Chapter 1999
Dean's Honor List, U.C. Davis 1997

Lecture Topics (Select):

- Epidural Injections
- Posterior Circulation Stroke syndromes
- Industrial Medicine-Workplace Red flags
- Neuropathic Pain
- Sexual Dysfunction after Spinal Cord Injury
- Below Knee Amputation
- Spinal Fractures